

# WE NEED YOUR CONSENT

*I agree to the WRHN Kaiarahi collecting and sharing my information with health / social service providers to help improve the health and well-being of myself and my whānau*

*I consent for WRHN Kaiarahi to walk alongside me and my whanau and support our health and well being journey*

**NAME:**

---

**DATE:**

---

**SIGNATURE:**

---



Contact your Kaiārahi

**Awhi Haenga**

027 247 7843

ahaenga@wrhn.org.nz



Whanganui Regional  
Health Network

100 Heads Road, P O Box 4260 Whanganui

Phone: 06 348 0109

Email: [info@wrhn.org.nz](mailto:info@wrhn.org.nz) Web: [www.wrhn.org.nz](http://www.wrhn.org.nz)



Ma iiti ma rahi

Ra rapa te whai

Connect with  
your **KAIĀRAHI**

"MAHIA TE MAHI  
HEI  
PAINGA MO TE  
IWI"

*working for the betterment of  
our people*

## WHAT DOES YOUR KAIARAHİ DO?

1

KAIARAHİ ARE HERE TO NAVIGATE AND CONNECT YOU WITH A RANGE OF COMMUNITY SERVICES AND SUPPORTS THAT MAY BE HELPFUL TO YOU AND YOUR WHĀNAU

2

WE AIM TO PROVIDE LINKS THAT WILL SUPPORT YOUR HEALTH AND SOCIAL NEEDS AND HELP YOU MOVE TOWARDS YOUR WELL-BEING, EMPLOYMENT AND WHĀNAU GOALS

3

WE WANT TO MAKE SURE YOU GET THE HELP OR INFORMATION YOU NEED AT THE RIGHT TIME AND FROM THE RIGHT PLACE

## WHAT WE CAN DO TO HELP

SOCIAL SERVICES

ADVOCACY SUPPORT

MSD CONNECTOR

WELL-BEING HEALTH SERVICES

- WE CAN BE YOUR LINK BETWEEN HEALTH AND SOCIAL SERVICES
- WE CAN HELP YOU AND YOUR WHĀNAU TO UNDERSTAND AND SET DOWN YOUR WELL-BEING GOALS
- WE CAN WORK TO ENSURE YOUR CULTURAL NEEDS ARE UNDERSTOOD FOR YOU AND YOUR WHĀNAU

If you have any general concerns or feedback regarding the Kaiārahi service, please contact Sandy Taylor at, Whanganui Regional Health Network: [staylor@wrhn.org.nz](mailto:staylor@wrhn.org.nz) / 06 348 0109 ext 721.

On a scale of 1 to 10

1 being you strongly disagree

10 being you strongly agree

how would you score the following questions

- Do you feel commitment to physical health improves your well-being  
1 ————— 5 ————— 10
- Do you feel committed to having good health  
1 ————— 5 ————— 10
- Do you feel strong in your identity within yourself  
1 ————— 5 ————— 10
- Do you feel valued as a person  
1 ————— 5 ————— 10
- Do you feel able to participate in the community  
1 ————— 5 ————— 10
- Do you feel confident in your relationships with your whanau and other people  
1 ————— 5 ————— 10
- Do you feel able to manage unwelcome thoughts and feelings  
1 ————— 5 ————— 10
- Do you feel able to set goals for yourself  
1 ————— 5 ————— 10
- Do you feel impacted by social stresses, ie housing, work, finances  
1 ————— 5 ————— 10